

# School menu



**Gateshead Council**

## HOW TO CONTACT US:

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### WEEK 1

MEAT FREE MONDAY

## monday

## tuesday

## wednesday

## thursday

## friday

FISH FRIDAY

### Main

Flatbread pizza with coleslaw, mixed salad & veggie fingers

Breakfast bap with mini hash browns & baked beans

Chicken curry & rice with mini spring roll & pea & sweetcorn mix

Savoury mince & Yorkshire pudding with mashed potato, sliced carrots, broccoli & gravy

Fish portion, with chips, garden or mushy peas & curry sauce

### Non-Meat

Veggie sausage pattie with mini hash browns & baked beans

Sweet potato & lentil curry & rice with mini spring roll & pea & sweetcorn mix

Savoury veggie mince & vegetables & Yorkshire pudding with mashed potato, sliced carrots, broccoli & gravy

Cheese & potato roll with chips, garden or mushy peas

### Deli

Tuna mayo & cucumber wrap with corn chips & salad

Chicken mayo wholemeal roll with mini hash brown & salad

Ham wholemeal sandwich with corn chips & salad

Cheese & ham wrap with corn chips & salad

Cheese panini with chips & salad

### Jacket - served with mixed salad

Cheese & baked beans

Tuna mayo

Cheese

Tuna mayo

Baked beans

### Dessert

Waffle with peaches & strawberry sauce

Traditional iced school sponge & custard

Cooks' choice biscuit

Strawberry mousse & fruit salad

Carrot & orange muffin

### Daily offer

Yoghurt, fresh fruit, cheese & crackers, wholemeal bread

31/08/26  
21/09/26  
12/10/26  
09/11/26  
30/11/26  
04/01/27  
25/01/27  
22/02/27  
15/03/27  
19/04/27  
10/05/27  
07/06/27  
28/06/27

### WEEK 2

MEAT FREE MONDAY

## monday

## tuesday

## wednesday

## thursday

## friday

### Main

Tomato or cheese pasta with garlic bread, salad & coleslaw

Southern style chicken burger in a bun with mayo & shredded lettuce, diced potatoes & corn on the cob

Meatballs with mashed potato, rainbow vegetable mix & gravy

Chicken fillet & Yorkshire pudding, roast potatoes, broccoli, cauliflower & carrot medley & gravy

Fish goujons with chips, peas or baked beans & ketchup

### Non-Meat

Southern style veggie burger in a bun with mayo & shredded lettuce, diced potatoes and corn on the cob

Veggie meatballs with mashed potato, rainbow vegetable mix & gravy

Quorn fillet & Yorkshire pudding, roast potatoes, broccoli, cauliflower & carrot medley & gravy

Veggie fingers with chips, peas or baked beans & ketchup

### Deli

Tuna mayo & cucumber wrap with pasta salad

Chicken mayo wholemeal roll with diced potatoes, salad or corn on the cob

Ham wholemeal sandwich with corn chips & salad

Cheese & ham wrap with roast potatoes & salad

Cheese panini with chips & salad

### Jacket - served with mixed salad

Cheese & baked beans

Tuna mayo

Cheese

Tuna mayo

Baked beans

### Dessert

Iced smoothie & fruit cocktail

Steamed marble sponge & chocolate custard

Cooks' choice biscuit

Orange jelly, mandarins & swirl of chocolate mousse

Lemon drizzle muffin

### Daily offer

Yoghurt, fresh fruit, cheese & crackers, wholemeal bread

07/09/26  
28/09/26  
19/10/26  
16/11/26  
07/12/26  
11/01/27  
01/02/27  
01/03/27  
22/03/27  
26/04/27  
17/05/27  
14/06/27  
05/07/27

### WEEK 3

MEAT FREE MONDAY

## monday

## tuesday

## wednesday

## thursday

## friday

FISH FRIDAY

### Main

Thin & crispy Margarita pizza slice with coleslaw, mixed salad & veggie sticks

Posh dog in a roll with onions & ketchup with hand cut seasoned potato wedges, sweetcorn & mixed salad

Korma chicken curry & rice with naan bread & cauliflower, carrot & green bean mix

Roast of the Day & Yorkshire pudding with skin on roasted mini potatoes, cabbage, carrot & gravy

Fish fingers with chips, garden or mushy peas & ketchup

### Non-Meat

Veggie frankfurter in a roll with onions & ketchup with hand cut seasoned potato wedges, salad & coleslaw

Korma veggie, chickpea & lentil curry & rice with naan bread & cauliflower, carrot & green bean mix

Quorn fillet & Yorkshire pudding with skin on roasted mini potatoes, cabbage, carrot & gravy

Veggie fingers with chips, garden or mushy peas & ketchup

### Deli

Tuna mayo & cucumber wrap, corn chips & salad

Chicken mayo wholemeal roll, hand cut potato wedges & salad

Ham wholemeal sandwich with corn chips & salad

Cheese & ham wrap with corn chips & salad

Cheese panini with chips & salad

### Jacket - served with mixed salad

Cheese & baked beans

Tuna mayo

Cheese

Tuna mayo

Baked beans

### Dessert

Ice cream, pears & chocolate sauce

Jam sponge & custard

Cooks' choice biscuit

Chocolate mousse with mandarins

Banana flapjack

### Daily offer

Yoghurt, fresh fruit, cheese & crackers, wholemeal bread

14/09/26  
05/10/26  
02/11/26  
23/11/26  
14/12/26  
18/01/27  
08/02/27  
08/03/27  
12/04/27  
03/05/27  
24/05/27  
21/06/27  
12/07/27