



**St. Joseph's
Catholic Infant
& Junior Schools**
Birtley



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Tuesday 21st November 2023

Dear Parents and Carers,

Anaphylaxis

At St. Joseph's, we strive to provide a safe learning environment for all students. As mentioned previously on newsletters, we have some children who have severe life-threatening nut allergies.

An allergic reaction (anaphylactic shock) can occur through several means including the ingestion of nut products, cross-contamination of nuts, and breathing in nut dust from the air. Since this condition can be life-threatening, we are asking all members of the school community for their help to minimise the risk to this group of children.

Therefore, we are once again asking pupils to ensure that all nut products remain at home and not school – this includes: Nutella sandwiches, hazelnut cereal bars or even physical nuts themselves (e.g. pistachios).

We do acknowledge that many foods are labelled as 'may have been produced in a factory handling nuts and cannot be guaranteed to be nut free'; such items are allowed in school. However, it is those products where nuts are direct ingredients, in which we ask for your support, so that we can maintain a safe environment.

Please note that should a member of staff notice a pupil eating a nut product, the product will be removed politely, and the member of staff will explain to the child why this action has taken place. A message will then be sent to the parent to explain what has happened, so that they are fully informed and are reminded of the anaphylaxis policy.

Anaphylaxis is a life-threatening condition. Should you require any further information about this condition – then please visit [Home - Beat Anaphylaxis](#).

We thank you in anticipation of your cooperation and support as we seek to protect those who are vulnerable to this condition.

Yours sincerely,

Mrs K. Swaddle.

Executive Headteacher