



SCHOOL menu

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WEEK 1 MEAT FREE MONDAY

	monday	tuesday	wednesday	thursday	friday
1ST CHOICE	Cheese & tomato round pizza, pasta, baked beans, or mixed salad	Sausages, mashed potato, mixed veg & gravy	Roast chicken Yorkshire pudding, roast potatoes, broccoli, carrots & gravy	Pork meatballs, handmade potato wedges, sweetcorn schools' choice tomato sauce or gravy	Fish portion, chips & peas
2ND CHOICE		Veggie sausage, mashed potato, mixed veg & gravy	Quorn fillet Yorkshire pudding, roast potatoes broccoli, carrots & gravy	Veggie meatballs, potato wedges, Sweetcorn or mixed salad	Veggie bake, chips & peas
JACKET POTATO	Tuna mayo with mixed salad	Baked beans with mixed salad	Cheese with mixed salad	Tuna mayo with mixed salad	Cheese baked beans & salad
DELI OPTION	Cheese roll, with pasta & salad	Tuna mayo wrap with pasta & vegetable sticks	Ham sandwich with roast potatoes & salad	Cheese wrap with handmade potato wedges & vegetable sticks	Egg mayo roll with chips & salad
DESSERT	School cake & custard	Jelly & fruit	Fruit smoothie & fruit	Pancake with bananas & toffee sauce	Cooks' choice homemade biscuit

FISH FRIDAY

WEEK 2 MEAT FREE MONDAY

	monday	tuesday	wednesday	thursday	friday
1ST CHOICE	Folded pizza, pasta, baked beans, or mixed salad	Minced pork pie mashed potato, mixed veg & gravy	Gammon slice, roast potatoes, cauliflower, carrots & gravy	Chicken curry, rice, naan bread & pea/sweetcorn mix	Fish finger, potato wedges & peas
2ND CHOICE		Cheese & potato pasty, mashed potato, mixed veg & gravy	Omelette roast potatoes, & mixed salad	Veggie curry, rice, naan with pea/ sweetcorn mix	Veggie fingers, seasoned twisters & peas
JACKET POTATO	Tuna mayo with mixed salad	Baked beans with mixed salad	Cheese with mixed salad	Tuna mayo with mixed salad	Cheese baked beans & salad
DELI OPTION	Cheese roll with pasta & salad	Ham wrap with pasta & vegetable sticks	Tuna mayo sandwich with roast potatoes & salad	Cheese wrap with pasta & vegetable sticks	Egg mayo roll with potato wedges & salad
DESSERT	Waffle & fruit	Ice cream roll with fruit	School cake & custard	Cooks' choice homemade biscuit	Muffin

FISH FRIDAY

WEEK 3 MEAT FREE MONDAY

	monday	tuesday	wednesday	thursday	friday
1ST CHOICE	Flat bread pizza slice, pasta, baked beans, or mixed salad	Beef burger in a bun, potato wedges, sweetcorn or mixed salad	Savoury mince with cooks' choice topping, mashed potato, green beans, carrots & gravy	Chicken wrap, savoury rice & garlic mayo	Fish star, seasoned twisters & peas
2ND CHOICE		Veggie burger in a bun, potato wedges, sweetcorn or mixed salad	Quorn mince pie with cooks' choice topping, mashed potato, green beans, carrots & gravy	Veggie wrap, savoury rice & garlic mayo	Veggie shapes, seasoned twisters & peas
JACKET POTATO	Tuna mayo with mixed salad	Baked beans with mixed salad	Cheese with mixed salad	Tuna mayo with mixed salad	Cheese baked beans with mixed salad
DELI OPTION	Cheese roll with pasta & salad	Tuna mayo wrap with potato wedges & vegetable sticks	Ham sandwich with pasta and salad	Cheese wrap with rice or pasta & vegetable sticks	Egg mayo roll with seasoned twisters & salad
DESSERT	Chocolate crispy cake with orange wedge	School cake & custard	Fruit & ice cream	Cooks' choice homemade biscuit	Muffin

FISH FRIDAY

04/09/2023
25/09/2023
16/10/2023
06/11/2023
27/11/2023
18/12/2023
08/01/2024
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