

Food Bank Advent Calendar						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
November 28th Tinned vegetables	November 29th Tinned potatoes or instant mash	November 30th Tinned tomatoes	December 1st Tea bags	December 2nd Instant noodles	December 3rd Instant coffee	December 4th Tinned rice pudding
December 5th Tinned Tuna	December 6th Biscuits	December 7th Long life juice	December 8th Cereal	December 9th Crackers	December 10th Cakes or mince pies	December 11th Toiletries
December 12th UHT milk	December 13th Jam	December 14th Tinned Meat	December 15th Selection box	December 16th Toilet paper	December 17th Tinned fruit	December 18th MERRY CHRISTMAS

How it works- 1. Grab a box and a marker
 2. Each day place an item in the box
 3. Tick it off on your Advent calendar
 4. Once you are done take the box to the Food Bank or bring it to church

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Replacement or extra options-

Washing up liquid	Shampoo
Tinned soup	Rice
Pasta	Baked beans
Pasta sauce	Squash
Toothbrush	Soap
Toothpaste	Lentils
Laundry powder	Salt/pepper